



A just weight
and balance

are the
LORD'S:

Thus saith the Lord...

Finding Peace

Matthew 6:25-34

- As we are living in unusual times
I thought we should look at
God's word as our
antidote for worry.
- But, you are saying preacher
that we shouldn't worry.
 - That is right!
- There is a difference between
“worry” and “concern”.

- There is a difference between “worry” and “concern” as illustrated below:

- Genesis 39:6 (HCSB)

He (Potiphar) left all that he owned under Joseph’s authority; he did not concern himself with anything except the food he ate.

God doesn't want us to live in...

FEAR...

ANXIOUSNESS...

WORRY...

DOUBT.

He wants us to
live with Him in

PEACE.

It's interesting to note that
our word for worry
comes from
an English word meaning...
TO CHOKE... OR STRANGLE.

"to slay, kill or injure
by biting and shaking the throat"
(as a dog or wolf does),
from Old English..."

(<https://www.etymonline.com/word/worry>)

- FEAR...
- WORRY...
- ANXIOUSNESS...
- Perhaps like nothing else...
- Strangle the life out of us...
 - It chokes out:
 - JOY...
 - HAPPINESS...
 - PEACE...
 - SERENITY.

- The Greek word for **WORRY** means literally **TO HAVE A DIVIDED MIND.**
- **Creating an internal tug-of-war...**
 - Robbing us of **FAITH** & **PEACE**...
 - Sometimes making us **MISERABLE.**

The Bible is filled with
verses about...

- PEACE IN THE
TIME OF TROUBLE...

- PEACE IN
A PANDEMIC.

- Listen to these verses that promote **PEACE** instead of worry and anxiousness.
 - I want you to **NOT JUST HEAR THESE WORDS...**
 - But allow their message to **SINK INTO OUR HEARTS.**

- Psalm 34.14

- **SEEK PEACE
AND
PURSUE IT.**

- Psalm 4.8

- IN PEACE

I will lie down and sleep;

- FOR ONLY YOU O LORD,

can make me dwell in

PEACE AND SAFETY

- Isaiah 26.3

- You will keep in PERFECT PEACE
all who trust in You
whose thoughts
are fixed on You!

- **2 Thessalonians 3.16**

May the
LORD OF PEACE
himself
GIVE YOU PEACE
at all times
and
in every way.

1 Peter 5.7

Cast all your

CARES

All your

ANXIETY

on Him

Because He cares for you.

Colossians 3:15

Let the

PEACE OF CHRIST

rule in your hearts

- Philippians 4:6 & 7

**DO NOT BE ANXIOUS
ABOUT ANYTHING**

**But in everything, by
prayer and petition,
with thanksgiving**

- **Philippians 4:6 & 7**

Present your requests to God.

And

THE PEACE OF GOD,

which

transcends

all understanding,

**will guard your hearts
and your minds.**

- John 14:27

Peace I leave with you...

MY PEACE I GIVE YOU...

I do not give to you
as the world gives.

Do not let your hearts be

TROUBLED...

Do not be AFRAID.

- The word **PEACE** is used some **429** times in our KJV Bible...

- GOD WANTS US to become a people whose FAITH AND TRUST IN HIM

IS SO INTENSE THAT IT LIMITS:

- **OUR DOUBT**

- **ANXIOUSNESS**

- **AND WORRY.**

- FEAR

&

- TRUST

- Cannot

occupy the same heart
at the same time.

- In the middle of the **Sermon On The Mount**
Jesus

- Gives us **ADVISE**

about how we can best deal with
Anxiety and Worry.

- **How to overcome.**

- **WORRY IS UNREASONABLE.**

DO NOT WORRY ABOUT

- **YOUR LIFE,**

- **what you'll eat or drink;**

- **or about your body,**

- **what you will wear,**

- **is not life more important than food,
and the body more important than
clothes?**

(Matthew 6:25)

Worry is unreasonable because

we tend to worry about the

WRONG THINGS.

For what is seen is

TEMPORARY,

but what is unseen is

ETERNAL.

(2 Cor 4:16)

- To worry about something we cannot change **is unreasonable.**
- If we can change it...
change it!
 - If we can't...
don't worry about it.
- The important thing is the wisdom to **know the difference.**

- Worry is unreasonable because it
always

EXAGGERATES THE PROBLEM.

- When we worry about something
the more fearful it becomes
every time we
rehearse the worry...

- **So stop watching COVID-19
programming all day every day.**

- Jesus is telling us that worry is...
 - ILLOGICAL
 - UNREASONABLE
 - EVEN HARMFUL
- Because it throws things all out of proportion.

- **WORRY IS**
UNNATURAL.

- Look at the **birds** of the air;
- They do not sow or reap or store away in barns, and yet your heavenly Father feeds them.
 - Are you not much more valuable than they?
- Consider the **lilies**. Yet King Solomon in all his glory was not clothed as beautifully as they.
(**Matthew 6:26-29**)

- **God says...**
- **I take care of birds...**
- Aren't you a lot more valuable than they?
 - He says...
 - I take care of the **lilies of the field.**

- Jesus says....
- Animals don't worry...
- Plants don't worry...
 - WHY?...
- Because Psalm 145.16 tells us...
 - God satisfies the desire of EVERY LIVING THING.

- Are you listening?
- THE ONLY PART OF GOD'S CREATION THAT DOESN'T TRUST HIM FOR THEIR WELL BEING IS.
- PEOPLE... HUMANS... US!

Sometimes people tell me...

But brother Phil

I'm a born worrier.

That's not true...

WORRY IS

A LEARNED RESPONSE.

God created us with the
ability to overcome

Anxiousness

with faith

Worry

with peace.

We can stop worrying

Because

Proverbs 12.25

An ANXIOUS HEART

weighs a man down...

Proverbs 14.30

Peace of mind

makes the

body healthy

(GNB)

WORRY DOESN'T HELP

Matthew 6:27

Who of you by worrying
can add a single hour to his life.

- If anything worry
shortens life
instead of lengthening it.

- Worry can't change the past nor the future...
- IT ONLY MESSES UP THE PRESENT.
- Jesus concludes...

Therefore do not worry about tomorrow... For tomorrow will worry about itself. Each day has enough trouble of its own.

(**Matthew 6:34**)

WORRY IS UNNECESSARY.

**If God cares
for the flowers
that are here today
and gone tomorrow,
won't He surely care
more for you!**

O you of little faith?

(Matthew 6:30)

When we were growing up
and had a need

we went to our parents
for HELP!

We knew they would do
ALL THEY COULD FOR US..

Because we were their children..

It never crossed our mind that they
wouldn't do what was BEST for us.

God says...

DON'T WORRY.. TRUST ME...

Ask and it will be given to you...

Seek and you will find...

***Knock and the door
will be opened to you.***

***Which of you, if his son asks for bread,
will give him a stone?***

***Or if he asks for a fish,
will give him a snake?***

(Matthew 7:7-11)

Remember what Paul says in
Philippians 4.19

God will meet

ALL YOUR NEEDS

*according to his glorious riches
in Christ Jesus.*

James says...

Cast ALL your cares upon Him...

Like a father...

He loves...

He cares...

(1 Peter 5:7)

He provides ALL YOUR NEEDS!!...

Is there anything outside of ALL?...

EVEN OUR COVID-19 CARES!

WORRY IS UNGODLY.

**WORRY INDICATES
WE HAVE A MISUNDERSTANDING OF GOD
AND WHAT HE IS LIKE.**

- We misunderstand
that He treats US...

AS HIS CHILDREN...

AS SHEEP OF HIS PASTURE...

- • We forget that He is working all things out...
 - TO OUR GOOD...
(Romans 8:28)

- We misunderstand that
HE WILL NEVER FORSAKE US...
(Hebrews 13:5)

- **THAT NOTHING CAN REMOVE US FROM HIS LOVE.**
(Romans 8:35)

So...The issue really is...

- **NOT WORRY...**
- **HAVE FAITH**

Worry is always a...

WARNING LIGHT

A CAUTION SIGNAL

Indicating we have some

MIXED UP VALUES

- It means something is wrong.
- Something else has taken first place in our life besides GOD AND OUR FAITH IN HIM.

- The commandment at Sinai was...

No other gods before me.

(Exodus 20:3)

- **Love God with all your...**

Heart...

Mind...

Strength...

Soul...

ALL YOUR BEING.

(Matthew 22:37)

Nothing takes the place of God

Not family...

Not friends...

Not Politics...

Not country..

NOTHING.

Here is God's promise:

IF WE WILL MOVE HIM TO

FIRST PLACE

HE'LL TAKE CARE OF
ALL THESE OTHER THINGS.

So the question becomes...

Have we made God first in our life?...

REALLY?

- Trust God to care for **THINGS BEYOND OUR CONTROL.**
- The root of worry is found in **Matthew 6:30**...
 - Are you ready for this?
- **O YOU OF LITTLE FAITH.**

- Have our worries ever changed anything
- Solved any problem
- Made anything better?

- Paul is saying...
- In this pandemic...
 - We can either **PANIC** or **PRAY**
 - There are over **7,000 promises** from God in His Book.
 - They are like **an insurance policy.**

- When we get an insurance policy we READ what it covers...
 - And once we KNOW what the policy covers...
- WE DON'T WORRY ABOUT IT ANY LONGER.
- We know if something happens the insurance company will take care of it.

- Paul gives us this advice in **Philippians 4.6-7**
- **And the peace of God,**
 - **which transcends**
all understanding,
 - **will guard your hearts**
and your minds in Christ Jesus

**The doors of the church
are open.**

**The Spirit and the Bride
Say
“Come”.**

Revelation 22:17



- 05-17-20 Tryon, NC
(year of pandemic)